



**The Rotary Club Of
South Woodham Ferrers
Swimarathon 2011**
www.swfswimarathon.co.uk



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"Annual Rotary Swimarathon 2011"

The Rotary Club of South Woodham Ferrers is holding its seventh Swimarathon from 11th until 13th March 2011. Once again we aim to raise money for "**deserving projects for the caring community in and around South Woodham Ferrers**".

Swimarathon has raised and distributed over £60,000 in the first 6 years. As promised nearly all of it has gone to help "good Causes" within our own Community. If you were a swimmer or someone who gave money to encourage someone to swim, may we say **THANK YOU**.

We have booked the pool again and this time we have lanes available on the Friday in the hope that we can encourage more schools to take up the challenge. We had a trophy donated last year that will be awarded to the school that enters the most teams. So if you are a pupil try to encourage your class mates to make up a team, if you are a teacher perhaps you could motivate your pupils or even your colleagues in the staff room to do the same. In recognition of the effort made **by the teams** we are proposing to donate 25% of the sum raised to each team's own registered named. charity

We are inviting you to be a team captain and organise a team of up to 6 members. They do not have to be strong swimmers but should be able to swim a length of the pool, It is a relay, in as much as a swimmers will swim a length and "handover" to another member and then to another. The team swims for up to 55 minutes but is one member gets tired then that "turn" can be taken by another or not as you prefer. It is not a race, we are doing this to enjoy ourselves and to have the "good feeling" that by raising some cash we are helping others. Also if your sponsors are tax payers then providing they complete the "blue boxes" clearly then we can obtain an extra 28% from the Inland Revenue Gift Aid.

Please contact the Entry Secretary, as above, to get an Entry Form or you could download this direct from our Website
www.swfswimarathon.co.uk

I know that you will have a great time with us over the Swimarathon weekend, making it a great success.

I look forward to hearing from you.

THE LAST DATE FOR ENTRY IS Friday 4th March 2011

Soroush Ebrahimi
Chairman - Swimarathon Committee.

The aims of the Swimarathon are:

- *To encourage people to swim and thereby perhaps begin a healthy activity.*
- *To ask swimmers to help the less fortunate in our Community by obtaining sponsorships whilst taking part.*

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Who have benefitted?

Chelmsford Children's Wards
Little Havens Hospice
St John First Aid
South Woodham Ferrers Rotary Charitable Trust
Essex Air Ambulance
J's Hospice
Farleigh hospice
Various other Charities as nominated by Swimmers from the Gift Aid they earn through their supporters

In just 6 years
Swimarathon has raised over £60,000 for good causes.

Please help us to help others by becoming a:

Corporate sponsor

Team captain

Sponsor a Swimmer

See website for details
www.swfswimarathon.co.uk